



SECONDARY NEWSLETTER

Issue No.388

26th October 2018

SCHOOL DIRECTOR'S MESSAGE

IN THIS ISSUE:	PAGE
School Director	1-2
Head of Secondary	3
Music Dynamics	4
Garage corner	5
PTA News	6
Sports News	7
Foreign Film News	8
Car wash News	9

As many of you will know, I teach a Year 11 Literature class and currently we have been exploring some works in the *bildungsroman* or “coming of age” genre and therefore discussing ideas relating to the whole idea of maturity. I remember being fascinated by this concept at their age. It was clear to me even then that I knew plenty of people of relatively advanced ages who seemed to utterly lack maturity and yet my peers and I regularly had our perceived lack of maturity pointedly and repeatedly bemoaned by the adults around us. And now, as someone just recently turned 50, I know that my journey towards real maturity continues yet (and suspect it may never end!). And what does true maturity look like anyway....?

For much of what follows I am indebted to an online article by Tim Elmore, founder and President of Growing Leaders, that struck a chord with me this week.

UPCOMING EVENTS

31st Oct	Year 8,9 and 11 Parent/Teacher Meeting @3:30
3rd Nov	ISSAK finals @ ISU
8th Nov	IH Football
12-16th Nov	Outdoor Ed. Week
16th Nov	End of Club A
26th Nov	Club B registration
27th Nov	IH Swimming
29th Nov	Music Recital
29th Nov	Teacher Appreciation day
2nd Dec	Club B registration ends
10th Dec	Club B begin
11th Dec	Arts Extravaganza
14th Dec	End of term
15th Jan	IH Swimming
8th March	Club B ends

1. A mature person is able to keep long-term commitments.

One key signal of maturity is the ability to delay gratification. Part of this means a young person learning to keep commitments even when they are no longer new or novel- committing to continue doing what is right even when it is burdensome

2. A mature person is unshaken by flattery or criticism.

As people mature, they sooner or later understand that nothing is as good as it seems and nothing is as bad as it seems. Mature people can receive compliments or criticism without letting it ruin them or sway them into a distorted view of themselves. They are secure in their identity

3. A mature person possesses a spirit of humility.

Humility parallels maturity. Humility isn't thinking less of yourself. It is thinking of yourself less. Mature people aren't consumed with drawing attention to themselves. They see how others have contributed to their success and can even sincerely give honour to their Creator who gave them the talent. This is the opposite of arrogance.

4. A mature person's decisions are based on values, not feelings, or impulses.

Mature people—students or adults—live by values. They have principles that guide their decisions. They are able to progress beyond merely reacting to life's options, and be proactive as they live their life. Their character is master over their emotions.

5. A mature person expresses gratitude consistently.

Immature children presume they deserve everything good that happens to them. Mature people see the big picture and realize how good they have it, compared to most of the world's population.

6. A mature person knows how to prioritize others before themselves.

A wise man once said: "A mature person is one whose agenda revolves around others, not self". Certainly this can go to an extreme and be unhealthy, but part of the journey out of childishness is getting past our own desires and beginning to live to meet the needs of others, especially those less fortunate than ourselves.

7. A mature person knows that nobody is perfect

As we gather life experience, and if we actively learn from it, we realise that everyone has his or her faults, even those we admire the most, like our parents. However, we learn that this doesn't make them bad people; it makes them human!

8. A mature person recognizes that life is not fair

Likewise, we take a giant step towards maturity when we learn to stop raging against unfairness and instead can deal with adversity with stoicism and resilience. One of the clearest signs of increasing maturity is demonstrating the ability to lose with grace.

9. A mature person is at the same time self-aware and self-confident, reflective but not overly self-critical

The mature person knows her strengths and weaknesses. She is often self-deprecating but by no means lacks confidence. She can anticipate some failings and thereby avoid them but admits those she doesn't, reflects and moves on.

Steve Lang.

The role of student voice makes the assumptions that a school believes:

- Young people have unique perspectives on learning, teaching, and schooling;
- Their insights warrant not only the attention but also the responses of adults;
- They should be afforded opportunities to actively shape their education.

Why is Student Voice Important?

We know that student achievement and engagement will increase when students have more ownership of their school community and of their learning.



Student voice is a phenomenon that has always been present in schools; what makes it noticeable is the willingness of educators and others to listen to student voice.

At KISU, students are actively taught to use their student voice. They can express themselves as individuals, year groups and as a whole student body. At KISU, we actively seek out student opinion via bullying and student voice questionnaires, learning and student voice journals, Student Council, our Home/Student/School agreement and Learning to Learn lessons.

This week we carried out our student voice questionnaire. The questions included are shown below.

How do you generally feel at different times and in different places?

- During lessons
- During break
- At lunch time
- Outside, moving between buildings
- During special events (like school concerts, charity days)
- On school trips and visits

How do you feel about different kinds of lesson?

- When the whole class is working together
- Working by yourself
- Practical classes (like art, food tech., lab sessions and so on)
- Sports, games, dance, gym
- Tests, assessments, exams
- Homework
- Do you find it difficult to join in with school activities?
- Do you find it difficult to learn in class?
- Do you find it difficult to get on with your classmates?
- Do you find it difficult to get on with your teachers and / or other people who work in the school?
- Do you find it that your teachers listen to you?
- Do you find your teachers have a positive attitude towards you?
- Do you find your teachers set homework that contributes to your learning?
- Do you find your teachers take your learning style into account?
- Learning objectives are clear.
- Feedback on your work is useful.
- Students are generally focused on their work.
- If you had special powers what is the one thing you would like to change about your school?

It might help you get a better insight into your child's school life if you send a few minutes asking them what their answers were. The questionnaires were carried out anonymously, other than the year group the child is in. The results of the questionnaire will be shared with students in an assembly and with parents via the newsletter.

Terry Garbett

Secondary Recital

Our KISU Secondary Recital is scheduled for Thursday 29 November 2018 starting at 5.30pm. The recital will feature a cross-section of students performing individually on a selection of instruments including violin, guitar, piano, drums, recorder, voice, and many more. All are welcome to attend.

Arts Evening

The Arts Evening is scheduled for 11 December 2018 at the Main School Auditorium. It's an evening where students will be showcasing what culminates in some of the work they have covered this term through the various art forms including Music, Drama and Art. Students will present their poems, drama



skits, class bands.

And this year, the Secondary Band and the Secondary Choir will also perform in the same evening. Don't miss it.

ABRSM EXAMINATIONS FOR 2019

Registration for ABRSM Practical examinations for 2019 opens in January 2019 and closes on 8 February 2019

Individual Private Music Lessons

KISU runs a Private Music Lessons program for all age-groups where students seeking to improve their playing or singing ability have the option of taking individual private lessons for an additional fee. Approximately 10 professional musicians from around Kampala offer weekly instruction in voice, keyboard, wind, string, and percussion instruments. Students may study voice, piano, classical guitar, electric guitar, bass guitar, modern drums, African drums, cornet, recorder, violin, clarinet, saxophone, trumpet and African xylophone.



Dr Benon Kigozi, Head of Music



Oppo Find X

The other day in my masters class we were discussing international trade and this discussion led us to China where we talked about the balance of trade and somehow ended up talking about the phone giant Oppo. I had heard about Oppo before but did not really pay attention until my lecturer mentioned how big they are in China so I went fishing and something caught my eye, the Oppo Find X phone.

One of the first things that strikes you about this phone is the all-encompassing display, with a whopping 93.8% screen-to-body ratio the highest I've seen to date all made possible by near-absent bezels and a headline-worthy camera trick. Now about the camera, well, what can I say? Well, if you are going to spend about \$1000 on a phone, it had better shock you with what it has and I think this phone does that with its camera. At the top of the Find X is a motorized hidden panel that raises whenever you need to access the cameras and automatically tucks itself away when you're done. It's just as crazy as it sounds; you can actually hear and feel the motors whirring as the panel raises and lowers, and it's just wild to watch.



While the camera mechanism and trim styling marry up to make a noteworthy design, this does arguably steal the limelight from some of the handset's other strengths – namely, it's insane performance. With all the cameras hidden away, the back of the phone is completely barren, with only the OPPO and Find X branding interrupting the otherwise blank slate.

The processing, graphical, and battery power of the Find X comfortably compete with, and often outdo, phones in a significantly-higher price range, such as the Galaxy Note 9. In fact, if Oppo had opted to drop the screen/camera gimmick for a slight price cut, this would still be a potent contender for the best-value Android phone on the market.

Now despite all of the Find X's opulent hardware traits, there are a few letdowns here, too. There's no headphone jack, nor are there front-facing speakers – instead, there's a small speaker grill on the bottom edge that puts out disappointingly tinny audio. You also don't get wireless charging, despite this phone having a glass backing, but most damning of all, it isn't water resistant. This was a necessary trade-off to achieve the motorized panel, but it's disappointing nonetheless – this phone is far too costly to be wiped out by a rainstorm or spilled glass.

Battery life is actually one of the Find X's high points. It's a sizable 3730mAh, and combined with ColorOS's aggressive app management and the relatively low-resolution display (that's not a knock – 1080p is plenty good enough for most people), it's pretty hard to kill the phone in a single day. When the phone does run down, it features OPPO's VOOC rapid charging for quick top-ups. If you've ever used another phone from OPPO or OnePlus, you already know all about VOOC charging – it's insanely fast; even with a 3730mAh battery, the Find X can reach a full charge in less than an hour, so long as you use the included charger.

So what is the bottom line? Would I encourage anyone to get one or would I buy one? I am not sure if I want to spend that kind of money on a phone but bear in mind that the camera panel traps dirt and dust pretty easily, and there's no telling how long the hardware will last, both because moving parts eventually fail and because the phone isn't water resistant in any way. But it's no stretch to say that the Find X has some of the most fascinating and impressive hardware of 2018 and I know that there is more to come.

Head of IT

Robert Buga

Dear All

We hope you all enjoyed the 2-week midterm break. We certainly enjoyed the opportunity to recharge our batteries. There are a few busy weeks ahead so keep a look out for posters, emails and WhatsApp reminders.

Book Week

We hope that you and your children will enjoy the new look Book Week that starts on Monday. Please email N.Walker@kisu.com to **volunteer to read** to some of the Primary Children for 10-15 minutes next week. Tuesday is dress-up day for the whole school. Help your children to choose 1-5 books that they want to swap out with other students.



Calling all boys and girls, parents and anyone young at heart to join us for a Spooktacular Primary Halloween Party on Friday 2 November from 4-7pm. Tickets are 10,000 UGX, Trick or Treat included. Tickets will be available from Monday from the Primary office or class teachers.

Teacher Appreciation Day

Thursday 29 November will see us hosting the annual KISU Teacher Appreciation lunch. This is a day where we celebrate our teachers and TA's by hosting a lunch for them. Parents contribute by preparing a plate of food to the lunch. This can be either sweet or savoury and is dropped that morning. We will also ask for volunteers to assist with the serving of the meal, closer to the time.

PTA Executive Committee

Judith Kyule-Raval, Jose Martin, Liesl Wingfield, Liya Tadese

Important dates to remember

CLUBS

Club A opens for registration on 22/08/2018 and closes 28/8/2018
Club A begins on 3/9/2018 and ends on 16/11/2018

Club B opens for registration on 26/11/2018 and closes 02/12/2018
Club B begins on 10/12/2018 and ends on 8/3/2019

Club C opens for registration on 13/3/2019 and closes on 19/3/2019
Club C begins on 25/3/2019 and ends on 31/5/2019

INTER HOUSE EVENTS

Secondary Athletics - 26/09/2018
Primary Basketball - 24/10/2018
Secondary Football - 08/11/2018
Primary Swimming - 12/01/2019
Secondary Swimming - 15/01/2019
Whole school X Country - TBC
Secondary Basketball - 08/02/2019
Primary Football - 06/03/2019
Primary Athletics - 27/03/2019
KS1 Athletics - 25/04/2019
KS1 Swimming - 02/05/2019

IŠAK

Season 1 Finals @ ISU - 03/11/2019
U7 Basketball Jamboree @ ISU - 10/11/2019
U7 Football Jamboree @Ambrosoli - 09/02/2019
Season 2 Finals @ KISU - 23/03/2019
Season 3 Finals @ ISU - 12/05/2019
All star games - TBC

Weekly mile is back by popular demand. Please feel free to join us every Wednesday morning starting this Wednesday, 30 October, 7:10 - 7:40

Football results this week:

U13B v Gems - won 3-1
U13G v Gems - drew 1-1
U20B v HIŠ -drew 1-1
U20G v HIŠ - lost 0-1

Please be aware that 3 November is the Season 1 IŠAK finals at ISU. We will have a few of our teams competing. It would be fantastic to have some support on the day

Sports Director and Head
James Whiston

Dear all,

Veronique and I, as film lovers, are very excited to start a new Foreign Film Club as of next week, with the aim to show films that would otherwise be difficult to see or be aware of - unless in the know.

We want to promote international mindedness and cultural awareness as well as cinematographic enjoyment and culture! We welcome any suggestions for any genres or any language (provided they are subtitled in English).

We already have a short list of very diverse films and animes for all ages but if there is a particular film that would support your syllabi or current projects, or that you just want to share, we are very happy to work around your teaching needs. Let us know if you have any particular request!

It will initially take place fortnightly at 3.30 in the Drama studio on Mondays.

We shall write a synopsis of the chosen film in the newsletter the week prior to the showing, with its length and age rating.

This is meant to be an informal club and open to everybody at Kisu: pupils, teachers, parents, and any other members of staff who wish to join.

Film 1:

The Mystery of the Yellow Room (2003)

Duration: 1 h 58 minutes.

Age rating: U.

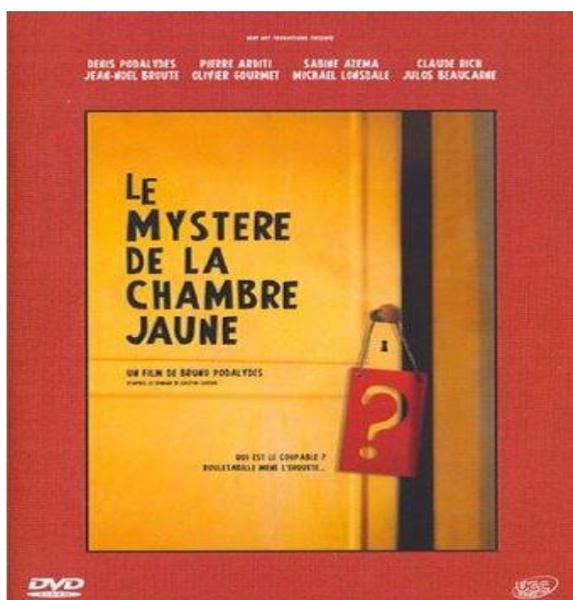
Language: French with English subtitles.

Genre: Detective story, Comedy.

Story: A woman is sleeping in her bedroom which is locked from the inside. One night somebody attempts to murder her but before the police arrives, the killer fled and is not to be found. However the room is still locked from the inside and never got opened. The detective Rouletabille (Rollyourmarble) comes to investigate who the killer is and to try and solve this mystery.

The action takes place at the turn of last century.

This is the film adaption of a French classic detective novel by Gaston Leroux.



Leila Chellal and Veronique Granoux

Dear parents/guardians,

DP1 car wash is next week. This is to raise money for the school they are going to during the DP1 outdoor education trip.

The car wash will be from Monday -Thursday from 3.15-4.30pm except for Wednesday it will be until 4.15pm.

Prices:

Small cars- 10,000/-ugx

Big cars - 15,000/-ugx

Buses - 25,000/-ugx



Thank you for supporting the students in both schools.

Warm regards

Mrs. Rachel Rabanowitz

DP1 Trip Leader