



# SECONDARY NEWSLETTER

Issue No: 275

Friday 9th October 2015

## HEAD OF SECONDARY'S MESSAGE

Whether you are an expatriate guest in Uganda, a long term resident or a Ugandan citizen at KISU we feel that it is important that we know at least a minimum amount about the country in which we live. As part of this process our Ugandan staff took assembly on Monday to give us a little background information of Ugandan independence. I have done a little more research about the history of Uganda and this is what I found: (information source – Time Magazine country timeline)

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### 500 B.C.-1300 A.D.

Bantu-speaking people migrate to the region. They establish the state of Buganda.

### 1862

British explorer John Speke is the first European to visit Buganda.

### 1894-1900

Britain takes control of the area, calling it Uganda. Britain recognizes the kabaka, or Buganda tribal king, as ruler, but maintains its authority.

### 1926

The Toro- Semliki Wildlife Reserve becomes the nation's first protected area.

### 1962

Uganda gains independence. The Buganda king, Mutesa II, becomes president, with Milton Obote as prime minister.

### 1967

Obote imposes a new constitution, which makes him president and abolishes all of Uganda's tribal kingdoms.

### 1971

Military leader Idi Amin overthrows Obote. During Amin's eight-year rule, an estimated 300,000 people are killed.

### 1978

Amin attacks Tanzania. Ugandan exiles and Tanzanian troops invade Uganda. Amin is forced out of the country in 1979.

### 1986

Yoweri Museveni takes power. He brings stability and improved human rights protection.

### 1993

A constitutional amendment restores the kingdom of Buganda and other kingdoms.

### 2000

Tanzania, Uganda and Kenya join to form the East African Community and pledge cooperation.

Enjoy the Independence Day holiday – Happy Birthday Uganda!!



Regards  
Terry Garbett,  
Secondary Head.

### UP COMING EVENTS

14th Oct	World Maths Day
19-25th Oct	Half Term
27th Oct	Year 9 Options Evening
28th Oct	Parent Teacher Meetings Y7, Y10, DP1 & DP2
31st Oct	ISSAK Fixtures
2nd Nov	House Shirt Day
4th Nov	Parent /Teacher Meeting Y8, Y9 & Y11
9th-13th Nov	Literacy Week
11th Nov	Poetry Evening
14th Nov	ISSAK Season 1 Finals @ KISU
16th Nov	ISSAK Season 2 Girls Trials
17th Nov	ISSAK Season 2 Boys Trials
18th Nov	ISSAK Girls Trials
20th Nov	Club A ends; ISSAK squads announced

**ISSAK Gala**

Many congratulations to our secondary swimming team who carried all before them at the recent ISSAK gala. We triumphed over our nearest competition by a staggering 200 points or so!

It is great to see what we can achieve when we really pull together. Let's take the team's lead for the rest of this year's sports and ensure that whenever any of us is asked to contribute for KISU we do so with enthusiasm and commitment.

**Uniform Shop**

I am sure we are all aware of the recent drop in the value of the Ugandan Shilling. Sadly, this is affecting the viability of our Uniform Shop and so we have made the decision to protect ourselves from further devaluation by moving both pricing and payment over to the US Dollar. The existing prices and the practice of paying in Ugandan Shillings will continue through to October 17<sup>th</sup> with the new prices and payment in USD starting on Monday, October 19<sup>th</sup>.

**Parent- School Partnership**

It was very gratifying to see 15 or so parents at the recent session on secondary school assessment led by Mr. Garbett, our Head of Secondary School. I am sure those who attended will agree with me, that it was thoroughly helpful in demystifying a lot of what we do to assess student progress and how we report on it to parents.

There are whole swathes of evidence (a couple of which I have quoted below) demonstrating how powerful the impact of effective partnerships between parents and schools can be in raising student attainment. As a school we will continue to look for ways in which we can work more closely with you as parents but can I also take the opportunity to encourage all of us to consider how we could take a more active interest in our children's school life.

**The Impact of School, Family, and Community Connections on Student Achievement (US)- "A New wave of Evidence"**

*".....we see strong and steadily growing evidence that families can improve their children's academic performance in school. Families also have a major impact on other key outcomes, such as attendance and behavior, that affect achievement. When families of all back-grounds are engaged in their children's learning, their children tend to do better in school, stay in school longer, and pursue higher education.*

*All students, but especially those in middle and high school, would benefit if schools support parents in helping children at home and in guiding their educational career. Studies that look at high-achieving students of all backgrounds found that their parents encourage them, talk with them about school, help them plan for higher education, and keep them focused on learning and homework. The continuity that this constant support provides helps students through changes of school, program, and grade level."*

**Department for Children, Schools and Families (UK) "The Impact of Parental Involvement in Children's Education"**

- *Parental involvement in children's education from an early age has a significant effect on educational achievement and continues to do so into adolescence and adulthood*
- *The quality and content of fathers' involvement matter more for children's outcomes than the quantity of time fathers spend with their children*
- *The attitudes and aspirations of parents and children themselves predict later educational achievement. International evidence suggests that parents with high aspirations are also more involved in their children's education*
- *Two-thirds of parents said that they would like to get more involved with their child's school life*
- *Levels of parental involvement vary among parents; for example, mothers, parents of young children, Black/Black British parents and parents of children with a statement of Special Needs are all more likely to be involved in their child's education*

**Food for thought for all of us.....**

Regards

**Steve Lang,  
School Director.**

**ASSEMBLY**

In our assembly this week, Malaika sang 'You Raise me Up'. Congratulations to Malaika for her first solo performance on assembly. In addition, a new KISU parent, Bill Kratz, was introduced by Dr. Kigozi as a new addition to our Music Department in the Private Music Program. Bill will be teaching wind and string instruments mainly including, but not limited to, trumpet, saxophone, guitar and trombone.

**Individual Private Music Lessons**

KISU runs a Private Music Lessons program for all age-groups where students seeking to improve their playing or singing ability have the option of taking individual private lessons for an additional fee. Approximately 10 professional musicians from around Kampala offer intensive weekly instruction in voice, keyboard, wind, string, and percussion instruments. Students may study voice, piano, classical guitar, electric guitar, bass guitar, modern drums, African drums, cornet, recorder, violin, clarinet, saxophone, trumpet and African Xylophone. Registration is in progress now and forms can be obtained from the Secondary or Primary office or from the reception area. The cost per lesson is UGSHS 35,000 and a minimum of 10 lessons is required at registration each term. All payments must be made in advance.



**Music Recitals**

KISU offers a variety of performing opportunities to students as a way of celebrating their musical achievements on their chosen instruments. Two recitals are organized every year in December and in May. More information on that will come your way in due course.

**Dr. Benon Kigozi, Head of Music**



**Smart Glider**



In July I was in Barcelona for a workshop and ventured to the beach to cool off in the weather and there came the family on Gliders. I thought it was a cool way to get around but that was it. Last week I was driving to town and saw this girl on a Glider too making her way through the traffic and I thought to myself "why did I not think about that?" Now I am thinking about it and I do not want just any Glider, I want a smart one. One with handles, just me standing on it and it going where I want to go and you can have one for as little as 500 Pounds. That is about 2.5 million shillings.

So ladies and gentlemen, welcome to the future in personal transportation! The Smart Glider by Future Wheels is the easiest way to get from A to B with minimum effort. Zero peddling like riding a bike, zero pushing like on a skate board; if you can lean forwards then you can go!

Thanks to smart auto-stabilising technology it is incredibly easy to learn how to ride. Pressure sensitive pads understand how your weight is being distributed and it's your movement on the board that tells it which way to go. Lean forwards and the board goes forwards, lean left and the board turns left. It's really that simple. The Smart Gliders inbuilt gyro helps keep you upright and

provides full 360 degree turning.

Thick durable rubber wheels help cushion your ride, will never puncture, and are surprisingly grippy on most terrains. The Smart Glider is no slouch either, with top speeds of up to 10mph and a maximum ride distance of 15.5 miles. Pop down to your local shops in style, make your morning commute more exciting, or simply take the dog for a walk without breaking a sweat.

Some of its features include: The Smart Glider by Future Wheels, Easy to master, Self-balancing and auto stabilising technology, Pressure sensitive board makes turning simple, Available in 3 colors; Red, white and black, Durable rubber tyres will never puncture, Max cruise speed: 10mph, Charge time: Up to 2hrs, Max load: 120Kg

So if you are looking for an effortless transport device, that's both fun and futuristic, then you need a Smart Glider although I wonder how it will work on our roads that are full of potholes and the like. Maybe we can get one that is able to go around potholes. I wish I could find that young lady so she helps me understand how she manages on these streets.

**Robert Buga,  
Head of IT.**

**Secondary Outdoor Education: Monday, November 23<sup>rd</sup>- 27<sup>th</sup>**

Outdoor Education Trip meetings were held on **Wednesday, October 7<sup>th</sup>**. Important information and documents were delivered at these meetings such as the permission and medical forms that must be returned immediately. This was also emailed last week by the sports director.

If you could not attend or did not receive the form, please contact your child's trip leader or the sports director.

Year 7- Mr Tobin, [k.tobin@kisu.com](mailto:k.tobin@kisu.com)

Year 8- Ms Frances, [n.frances@kisu.com](mailto:n.frances@kisu.com)

Year 9- Mr Buga, [r.buga@kisu.com](mailto:r.buga@kisu.com)

Year 10- Ms Bamwoyeraki [s.bamwoyeraki@kisu.com](mailto:s.bamwoyeraki@kisu.com)

Year 11- Mr Rabanowitz & Ms Rewald [s.rewald@kisu.com](mailto:s.rewald@kisu.com)

DP1- Mr. Pearson [a.pearson@kisu.com](mailto:a.pearson@kisu.com)

DP2- Ms Raval [t.raval@kisu.com](mailto:t.raval@kisu.com)

Racquel Theberge, Director of Sport [sportsdirector@kisu.com](mailto:sportsdirector@kisu.com)

**Please ensure your child's class parent representative (CPR) has your correct contact information for communication during the trips.**

**Please note: The final payment date for these trips is Friday, November 6<sup>th</sup> directly to the bursar.** These dates are in place for important reasons so we kindly ask for your cooperation.

Many thanks,

Racquel Theberge, Director of Sport

**14TH USF NATIONAL INDEPENDENCE SWIMMING GALA**

Over the weekend, students from year 5 through to DP represented KISU in the 14<sup>th</sup> Uganda Swimming Federation Independence Swimming Gala.

KISU hosted over 400 swimmers who competed in 82 events over these two days. With a much smaller team than most schools, KISU finished 3<sup>rd</sup> overall out of 15 teams! In the 10 & Under age category, Kayla Gouws won 3<sup>rd</sup> best female swimmer, while Katherine Bowmaker, Robin Martin, and Milenka Sloots each won 1<sup>st</sup> overall female swimmer in their respective age categories! We are extremely proud of our swimmers and look forward to seeing some of them perform in the zone 3 gala taking place in December, as Uganda will be hosting the event this year!





**Secondary ISSAK Swimming:**

ISU hosted the first secondary ISSAK swim gala of the year on Tuesday, October 6th. KISU's team of only 36 swimmers collected several first places to finish 1<sup>st</sup>, out of 5 schools, with over 700 points! Swimmers competed with class, displaying excellent sportsmanship, effort, commitment, and support to their teammates! They certainly made their coaches and KISU proud! They will travel to GEMS in November for the league's second gala. Way to go Lions!



**Dear All**

Well, it has been a rather hectic first few weeks and our last week before mid-term is not going to be any different.

In Primary, we have our children heading off on their outdoor Ed trips and it was wonderful watching all the excitement building as some of the students practiced erecting their tents this morning. What a wonderful experience, full of team building exercises, growth experiences and great memories shared with friends. We look forward to seeing your photographs/videos in assembly on your return.

**Sport/Swimming:**

Being swimming season, KISU have certainly swum their full share so far...participating both in the ISSAK primary and secondary swim meet/galas as well as the USF Swimming Championship last weekend. Congratulations to all swimmers who participated and represented KISU.

**PTA Snack Stand:**

Over the past two months, the PTA has supported various events at KISU – Parent Coffee Mornings, Picnic, Swim meet/galas, ISSAK catch-up days etc...

At the beginning of the school year we began with a zero petty cash balance, but I'm happy to reflect that this is no longer the situation. Our current petty cash balance has reached the two million Ugandan Shilling mark. We have also managed to pay our Charities - BPU & AQT their required school fee donations for the third term.

None of this would have been possible without our team of volunteers, and I would just like to say a VERY HUGE THANK YOU to those parents/teachers/staff who have unselfishly given of their time to support the PTA. We definitely receive no personal benefits from these duties and it certainly can be, at times, very tedious, frustrating and tiring...buying/replacing stock; setting up the PTA stand; standing and selling refreshments and snacks in the hot sun for the better part of the day; tidying and then packing away at the end of each event; counting money and recording costs/remaining stock etc...then to begin all over again for the next event! So I would just like to say that all your efforts certainly don't go unnoticed and all your hard work goes towards a very charitable cause!

**Upcoming PTA Events:**

Friday 30<sup>th</sup> October – Kids Halloween Movie Night

Saturday, 31<sup>st</sup> October – ISSAK catch-up day

Friday, 13<sup>th</sup> November – PTA Quiz Night

Saturday, 14<sup>th</sup> November – ISSAK Finals Day @ KISU

Thursday, 19<sup>th</sup> November – Y5/Y6 Production

Anyone who is kindly able to lend a helping hand at any of these above mentioned events will be appreciated.

School will close at the normal time next week Friday, 16<sup>th</sup> October for the mid-term break, resuming again Monday 26<sup>th</sup> October.

Travel safely, relax and reenergize your batteries for the last half of term 1.

Enjoy your Ugandan Independence Day long weekend.

Kind regards

Rose Bowmaker,

PTA Chair.

# Ski Trip 2016

February break in Switzerland!

- Skiing
- Snowboard-  
ing
- Ice skating
- Swimming
- Disco
- Sledding
- Fondu night

**SIGN UP NOW!!**

\$200 deposit to  
Bursars by 16<sup>th</sup>

October to reserve  
a place.

Spaces are limited!



[k.hawker@kisu.com](mailto:k.hawker@kisu.com) or [k.tobin@kisu.com](mailto:k.tobin@kisu.com)