

KAMPALA INTERNATIONAL SCHOOL UGANDA
From 08.04.2024 To 30.04.2024

w e e k	DATE	DAY	NON - VEGETARIAN		SIDE DISH		SALADS /SALAD DRESSING/ VEGGIES / BREAD				VEGETARIAN				DESSERTS		
	1	08.04.2024	Monday	Beef Enchiladas	or	Fish Enchiladas	Veg. Gravy	Rice	Tomato Basil	Chinese Cabbage Salad	Steamed Broccoli	Sweet Potato Salad	Tawa vegetable	Quesadillas	Toor Dal fry	Roti	Mocco Cake
09.04.2024		Tuesday	Rosemary Chicken	or	Fish Stew	Spaghetti Masala with extra Sauce	Rice	French bean salad with lemon and herbs	Cassava Sticks	Carrot Rings	Nachos with Cheese Sauce	Green Veg. with Tomato Sauce	Sweet Potato Tikki	Green Dal	Roti	Pineapple Cuts	
10.04.2024		Wednesday	Mexican Wraps with Veg Patties		Tomato Sauce & Mint Yoghurt Sauce	(OR) Veg. korma with Rice		Cucumber Strips	Tomato sticks	Lettuce cuts	Onion strips	Mushroom Manchurian Dry	Hara Bhara Kebabs	Jeera Dal	Roti	Slice of Cake	Watermelon slice
11.04.2024		Thursday	Chicken Croquettes		Penne Pomodoro	Tomato Sauce Or White Sauce	Rice	Broccoli	Carrots with Honey	Pumpkin	Com salad	Veg.Kofta Curry	Corn Pakoda	Dal Tadka	Roti	Passion fruit	
12.04.2024		Friday	INTERNATIONAL DAY														
2	DATE	DAY	NON - VEGETARIAN		SIDE DISH		SALADS /SALAD DRESSING/ VEGGIES / BREAD				VEGETARIAN				DESSERTS		
	15.04.2024	Monday	Beef Bolognaese	or	Chicken with Brown Sauce	Spaghetti	Rice	Broccoli	Cucumber cubes	Beetroot Salad	Steamed Cassava	Bringal Curry	Veg. Cutlet	Green Dal	Roti	Pan cakes with Syrup	Watermelon slice
	16.04.2024	Tuesday	Beef cubes stew	or	Fish Stew	Steamed Rice		Mixed Lettuce	French Beans with Sim Sim	Kidney beans	Cauliflower	Navaratan Korma	Bread Roll Fritters	Chana Dal fry	Roti	Pineapple and Pawpaw	
	17.04.2024	Wednesday	Veg. Biryani		Veg. Patties	Gravy	Plain Rice	Raitha	Tomato Salad	Onion Strips	Nachos	Veg. Manchurian Dry	Batata Vada	Dal Makhani	Roti	Banana	
	18.04.2024	Thursday	Chicken Katti Roll		Pink Sauce Pasta	White Sauce	Rice	Cucumber Strips	Onion Cuts	Lettuce	Potato strips with Seasoning	Squash with Onion Sauce	Falafel	Green Dal	Roti	Marble Cake	Pineapple cuts
	19.04.2024	Friday	Baked Paparika Fish		Lyonnaise Potatoes	Hot & Sweet Sauce	Rice	oriental salad	Fattoush Salad	Mixed Veggies	Mixed Beans	Mush Matar M/s	Sweet potato Patties	Dal Fry	Roti	Mixed fruit cuts	
3	DATE	DAY	NON - VEGETARIAN		SIDE DISH		SALADS /SALAD DRESSING/ VEGGIES / BREAD				VEGETARIAN				DESSERTS		
	22.04.2024	Monday	Mixed peppers pan fried beef cubes with Pepper Sauce	or	Grilled Fish with Coconut Sauce	Mashed Potatoes	Rice	Broccoli	Seasoned Cassava	Basil Tomato	Green Nachos	Calabash with Tomato Sauce	Crispy Corriander Vada	Green Dal	Roti	Marble Cake	Fruit
	23.04.2024	Tuesday	Beef Chilly cone cane	or	Egg Bujija	Spaghetti	Rice	Carrot Pineapple Salad	Cucumber Sticks	Mix lettuce	Cauliflower	Ivy Guard with tomato sauce	Manchurian Balls	Chana Dal fry	Roti	Pineapple sticks	
	24.04.2024	Wednesday	Veg. Pizza	or	Rice with Gravy		White Bean Salad	Carrots Strips	Potato salad with lemon and Pepper	Cabbage Salad	Red Raddish with Gravy	Hara Bhara patties	Dal Makhani	Roti	Watermelon slices	Passion fruit	
	25.04.2024	Thursday	Chicken Croquettes	or	Herbed Wrappers	Mint Sauce / Tomato sauce	Rice	Cucumber Strips	Onion Cuts	Lettuce	Tomato Strips	Cumin Potato	Gobi 65	Tomato Dal Tadka	Roti	Banana Cake with Icing	Paw Paw
	26.04.2024	Friday	Tandoori Fish		Saute Chips	(OR) Veg. Sauce with Rice		Coleslaw	Mixed Veggies	French Beans	Kidney Bean Salad	Mixed Veg Curry	Dill leaves Pakoda	Mixed Dal	Roti	Mixed fruit cuts	
4	DATE	DAY	NON - VEGETARIAN		SIDE DISH		SALADS /SALAD DRESSING/ VEGGIES / BREAD				VEGETARIAN				DESSERTS		
	29.04.2024	Monday	Pan fried beef with Peppers	or	Fish with Pepper and cabbage	Tossed Spaghetti with Tomato sauce	Rice	French Beans	Carrot sticks with honey	Cucumber salad	lettuce	Cheakpeas with Tomato Sauce	Veg. Tikki	Green Dal	Roti	Choco cake	Fruit cut
	30.04.2024	Tuesday	Chicken Tandoori		Egg Bonda	Tandoori Masala Gravy	Rice	Broccoli with herbs	Cabbage Salad	Seasoned Tomato Slice	Nachos	Bringal and Potato fry	Falafel	CheakPeas with Tomato Sauce	Roti	Assorted Cake Slice (OR) Fruit	

Email:- canteen@kisu.com

website :- www.kisu.com

Eat Better Feel Better