

KAMPALA INTERNATIONAL SCHOOL UGANDA

CANTEEN MENU : From 18.05.25 To 12.06.25

	DATE	DAY	NON-VEGETARIAN	SIDE DISH	SALAD BAR /VEGGIES/ BREAD - DRESSING							VEGETARIAN					DESSERTS
7	18 May 2025	Mon	Chicken Kebabs	Penne Pasta with Red and White Sauce	Rice /Sauce	Steamed Cauliflower	Tomato	Honey Glazed Carrots	Sukuma wiki	French Garlic Bread	Chef's choice salad	Tawa Mushroom	Veg. Samosa	Yellow Dal With Veg.	Sauce	Roti	Creamy Muffins (or) Fruit
	19 May 2025	Tue	Beef Pulao (or) Fish Pulao	Brown Gravy	Rice /Sauce	Grilled Veg	Carrots	Cucumber	Onion	Sukuma	Chef's choice salad	Squash Korma	Veg. quiche	Green Dal With Veg.	Sauce	Roti	Pineapple
	20 May 2025	Wed	Pizza	Stir Veg Sauce	Rice	Steamed Pumpkin	Grilled Carrots	Green Beans	Sauté Zucchini	Broccoli	Chef's choice salad	Yam with Onion Sauce	Manchurian Balls	Red Dal With Veg.	Sauce	Roti	Watermelon cuts
	21 May 2025	Thu	Grilled Chicken	Veg. cream pepper sauce	Rice	Beetroot	Grated Carrot	French beans with Sim Sim	Kidney bean Salad	Cumin Nachos	Chef's choice salad	Veg. Kofta Curry	Cheese Balls	Black Dal with Veg.	Sauce	Roti	Choco Donuts (or) Fruit
	22 May 2025	Fri	Rosemary Fish	Chips	Rice /Sauce	Coleslaw	Tomato with herbs	Carrot cubes	Steamed Garden Peas	Yoghurt with Herbs	Chef's choice salad	Egg plant & potato with Gravy	Anaheim Pepper Fritters	Mixed Dal with Veg.	Sauce	Roti	Mixed Fruit Cuts
8	25 May 2025	Mon	Beef Rogan josh (or) Egg Curry	Veg. Stew	Rice	Chinese cabbage	Avocado Tomato	Purple Cabbage	French Beans	French Garlic Bread	Garden Salad	Coconut Curried Tofu	Hara Bhara Kebabs	Yellow Dal With Veg.	Sauce	Roti	Marble Muffins (or) Fruit
	26 May 2025	Tue	Holiday														
	27 May 2025	Wed	Veg Burger	Mixed Veg. Stew	Rice	Cucumber	Tomato	Onion rings	Russian Salad	Nachos	Chef's choice salad	Mushroom corn Masala	Paneer fingers	Green Dal With Veg.	Sauce	Roti	Watermelon cuts
	28 May 2025	Thu	Chicken Florentine	Spaghetti	Rice/Sauce	English Cucumber	Tomato with Herbs	Carrot Sticks	Broccoli	Raitha	Chef's choice salad	Veg. Kofta Curry	Cheese Balls	Coconut Dal	Sauce	Roti	Pineapple cuts
	29 May 2025	Fri	Paprika Baked Fish	Sautee Potatoes	Rice/Sauce	Coleslaw	Tomato with herbs	Carrot cubes	Steamed Garden Peas	Cucumber Yoghurt	Chef's choice salad	Tawa Veg. with Sauce	Fried Veg Balls	Mixed Dal with Veg.	Sauce	Roti	Mixed Fruit Cuts
9	1 Jun 2025	Mon	Baked Chicken Cheese Pasta	Veg. Gravy	Rice	Chinese cabbage	Avocado Tomato	Purple Cabbage	French Beans	Spicy Nachos	Garden Salad	Paneer Makhani	Veg Cutlet	Yellow Dal With Veg.	Sauce	Roti	Choco Pan Cakes (or) Fruit
	2 Jun 2025	Tue	Beef mince balls(or) Fish balls	Creamy Sauce	Rice	Steamed Cauliflower	Basil Tomato	Carrot& Pineapple	Sukuma wiki	Fruit yoghurt	Chef's choice salad	Spinach with cottage cheese	Sweet Potato Tikki	Red Dal With Veg.	Sauce	Roti	Pineapple Cuts
	3 Jun 2025	Wed	Holiday														
	4 Jun 2025	Thu	Fried Chicken	Spaghetti Napolitano	Rice/Sauce	English Cucumber	Tomato with Herbs	Carrot Sticks	Broccoli	Raitha	Chef's choice salad	Veg. Kofta Curry	Cheese Balls	Coconut Dal	Sauce	Roti	Watermelon cuts
	5 Jun 2025	Fri	Fish Tikka	Paprika Chips	Rice/Sauce	Coleslaw	Tomato with herbs	Carrot cubes	Steamed Garden Peas	Cucumber Yoghurt	Chef's choice salad	Tofu Tikki Masala	Onion Pakora	Mixed Dal with Veg.	Sauce	Roti	Mixed fruit cuts
10	8 Jun 2025	Mon	Beef Patties(or) Fish Patties	Fussli with Arabita Sauce	Rice	Steamed Cauliflower	Basil Tomato	Carrot& Pineapple	Sukuma wiki	Yoghurt	Chef's choice salad	Yam with Onion Sauce	Fenugreek Croquets	Red Dal With Veg.	Sauce	Roti	Banana Cake with Icing sugar (or) Fruit
	9 Jun 2025	Tue	Holiday														
	10 Jun 2025	Wed	Veg Cheese Croquettes	Spaghetti Napolitano	Rice/Sauce	Cucumber strips	Tomato Strips	Carrot Strips	Mixed Lettuce	Garlic French Bread	Chef's choice salad	Tofu & Veg Korma	Sweet Potato Tikki	Green Dal With Veg.	Sauce	Roti	Marble Cake (or) Fruit
	11 Jun 2025	Thu	Tandoori Chicken	Tandoori sauce	Rice	English Cucumber	Tomato with Herbs	Carrot Sticks	Broccoli	Spicy Nachos	Chef's choice salad	Paneer Korma	Spinach corn pakora	Coconut Dal	Sauce	Roti	Watermelon cuts
	12 Jun 2025	Fri	Fish Cake	Chips	Rice/Sauce	Coleslaw	Tomato with herbs	Carrot cubes	Steamed Garden Peas	Cucumber Yoghurt	Chef's choice salad	Egg plant & potato with Gravy	Anaheim Pepper Fritters	Mixed Dal with Veg.	Sauce	Roti	Mixed Fruit Cuts

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