

KAMPALA INTERNATIONAL SCHOOL UGANDA

Canteen Menu: From 20.10.25 to 14.11.25

20th Oct - 24 Oct 25

Week

9

27th-31 Oct 25

Week

10

3rd Nov-07th Nov, 25

Week

11

10th Nov - 14th Nov 25

Week

12

DAY	NON-VEGETARIAN	SIDE DISH			VEGETARIAN				DESSERTS
Mon	Beef Patties (or) Fish Patties	Spaghetti	Red & White Sauce	Garlic Bread	Veg. Patties	Kadi Pakora	Lachha Paratha /Rice	Salad Bar	Watermelon Wedges
Tue	Beef Stir fry (or) Fish Curry	Fried Rice	Creamy Tomato Sauce	Chapatti	Veg. Paneer Kebabs	Tofu with Onion Sauce	Roti /Rice		Chocolate Fudge Cake (or) Fruit
Wed	Chicken Burger	Chips	Sauce	Rice	Veg. Burger	Chickpea Curry	Rice		Pineapple Slice
Thu									
Fri	Fish Cutlet	Paprika Roast Potato	Hot and Sweet Tomato Sauce	Rice	Grilled Veg. Patties	Cauliflower with Sauce	Paratha /Rice		Mixed Fruit Cuts
	NON-VEGETARIAN	SIDE DISH			VEGETARIAN				DESSERTS
Mon	Beef chilly con cane (or) Chicken stew	Creamy Mashed Potatoes	Rice	Garlic Bread	Veg. Tikki	Tofu with Spinach Sauce	Lachha Paratha /Rice	Salad Bar	Assorted Muffins (or) Fruit
Tue	Mutton Rogan Josh (OR) Goan Fish		Rice	Chapatti	Paneer Korma	Dal Makhani	Chapatti /Rice		Choco Crêpes (or) Fruit
Wed	Margareta Pizza	Cream Sauce	Rice		Cheese Balls	Cream Sauce	Lachha Paratha/Rice		Pineapple Cuts
Thu	Grilled Chicken	Penne Pasta	Red & White Sauce	Nachos	Chilly Paneer	Dal Fry	Nachos/Rice		Banana Cake with Icing Sugar (or) Fruit
Fri	Fish Cake	Garlic Roast Potatoes	Hot & Sweet Tomato Sauce	Rice	Veg. Cake	Veg. in Cream sauce	Methi Paratha/Rice		Mixed Fruit Cuts
	NON-VEGETARIAN	SIDE DISH			VEGETARIAN				DESSERTS
Mon	Beef Stir fry (or) Chicken Stir fry	Spaghetti	Tomato Sauce	White Sauce	Palak Paneer	Spring Rolls	Roti/Rice	Salad Bar	Choco Cream Cake (or) Fruit
Tue	Baked Beef (or) Fish	Brown Sauce	Rice	Chapatti	Paneer Butter Masala	Samosa	Phulka/Rice		Banana (or) Watermelon
Wed	Spicy Cheese Cottage Stir Peppers	Tortillas	Hot & Sweet Tomato Sauce	Mint Sauce	Malai Kofta Curry		Lachha Paratha/Rice		Pan cake with syrup (or) Fruit
Thu	Paprika Chicken	Fusilli Pasta	Arabita Sauce/White Sauce	Spicy Nachos	Brown Chana with Spicy Sauce	Coriander patties	Roti/Rice		Pineapple Cuts
Fri	Fish Kebabs	Masala chips	Veg . Stew	Rice	Tofu with Cream Sauce	Onion Pakora	Veg Paratha/Rice		Mixed fruit cuts
	NON-VEGETARIAN	SIDE DISH			VEGETARIAN				DESSERTS
Mon	Beef Lasagna (or) Fish Stew		Rice	Nachos	Veg. Lasagna	Paneer Masala	Nachos/Rice	Salad Bar	Cup Cakes / Fruits
Tue	Chicken Croquettes	BBQ Potato		Garlic Bread	Mushroom with onion sauce	Falafel	Paratha/Rice		Banana
Wed	Cottage cheese Pulao Rice	Corn Tikki	Cream sauce with Veg	Chapatti	Tofu in Yoghurt Sauce		Aloo Paratha /Plain Rice		Choco Mandazi (or) Fruits cuts
Thu	Fried Chicken	Penne Pasta	Red Sauce	White Sauce	Garden peas and Cottage cheese	Cheese corn balls	Paratha/Rice		Watermelon Wedges
Fri	English Fish	Roast Potatoes	Rice	Veg stir with Sauce	Veg. Kadai	Chickpea Masala	Lachha Paratha/Rice		Mix Fruits