

KAMPALA INTERNATIONAL SCHOOL UGANDA

CAFETERIA LUNCH MENU: 25th May - 26th June 2026

DATE		DAY	NON-VEGETARIAN	SIDE DISH			VEGETARIAN				DESSERTS	
Week 8	25th May	Mon	Beef / Fish Quesadillas	Spiced Potato Cubes	Peppercorn Sauce	Knot Roll	Dal Makhani	Paneer Wraps	Onion Sauce	Paratha /Rice	Salad Bar	Rice Pudding (or) Fruit
	26th May	Tue	Beef Bulgogi / Fish Bulgogi	Rice	Creamy Tomato Sauce with Veg	Chapati	Tofu Korma	Spinach Fritters	Tomato Sauce	Roti/Rice		Yoghurt Cake (or) Fruit
	27th May	Wed	Public Holiday									
	28th May	Thu	Rosemary Grilled Chicken	Fusilli	Alferdo Sauce/Arrabiata Sauce	Garlic Rolls	Palak Paneer	Veg Nuggets	Korma Sauce	Chapati/Rice		Apple Muffins (or) Fruit
	29th May	Fri	Baked Fish- Tandoori	Paprika Fries	Gravy - Veg	Rice	Mixed Veg With Sauce	Potato Bhagiya	Tomato Sauce	Paratha/Rice		Fruit Cuts
Week 9	1st June	Mon	Beef Meat Loaf / Fish Patties	Mexican Spaghetti	Tomato Sauce	Cheese Bites	Veg Spring Roll	Tofu with Brown Gravy	Onion Sauce	Lachha Paratha/Rice	Salad Bar	Coconut Cake (or) Fruit
	2nd June	Tue	Chicken Enchiladas	Tossed Pasta	White /Red Sauce	Herbs Butter Rolls	Veg Enchiladas	Paneer Butter Masala	Kadai Sauce	Paratha/Rice		Choco Donuts (or) Fruits
	3rd June	Wed	Veg Pizza	Veg fried Rice	Manchurian Sauce	Nachos	Rice		Korma Sauce	Lachha Paratha		Watermelon Cuts
	4th June	Thu	Tandoori Chicken	Cumin Rice	Tikka Masala Sauce	Chapati	Tandoori Chilly Paneer	Cumin Dal	Creamy Sauce	Chapati/Rice		Oats and Choco Cake (or) Fruit
	5th June	Fri	Grilled Fish with Herbs/Spices	Roast Potatoes	Tarter Sauce	Fried Rice	Methi Balls	Veg Korma	Tomato Sauce	Paratha/Rice		Mixed Fruit Cuts
Week 10	8th June	Mon	Teriyaki Beef / Fish Balls	Mashed Potato	Pepper Sauce	Chapati	Veg Croquettes	Tofu Chili Masala	Onion Sauce	Roti/Rice	Salad Bar	Choco Banana Cake (or) Fruit
	9th June	Tue	Public Holiday									
	10th June	Wed	Fried Cottage Cheese with Pepper and Onion	Tortillas	Red & Yoghurt Mint Sauce	Cheesy Garlic Bread	Malai Kofta Curry	Paratha	Korma Sauce	Rice		Lemon Sultana Cake (or) Fruit
	11th June	Thu	Cheesy Chicken / Fish Patties	Spaghetti	Stir Veg Sauce	Spicy Nachos	Veg Tofu Patties	Paneer Korma	Kadai Sauce	Phulka/Rice		Crepes (or) Fruit
	12th June	Fri	Tandoori Fish	Masala chips	Vegetable Stew	Rice	Tawa Veg with Gravy	Veg Fritters	Tomato Sauce	Veg Paratha/Rice		Mixed Fruit Cuts
Week 11	15th June	Mon	Beef / Fish Wraps	Rice	Vegetable in Creamy Sauce	Mini Bread Buns	Veg Wraps	Tawa Vegetables	Onion Sauce	Chapati/Rice	Salad Bar	Apple & Raisin Muffins
	16th June	Tue	Chicken Bolognese	Tossed Spaghetti	Tomato Cream Sauce	Mini Bread Rolls	Chickpeas Cream Sauce	Veg Tikka	Kadai Sauce	Paratha/Rice		Carrot Cake (or) Fruits Cuts
	17th June	Wed	Veg Cheese Cornish	Veg and Cottage cheese Pulao	Gravy	Raitha	Tomato Sauce	Paratha	Korma Sauce	Plain Rice		Pineapple Cuts
	18th June	Thu	Chicken with Peppers and Herbs	Penne Pasta	Red Sauce or White Sauce	Bread Rolls	Paneer Butter Masala	Tandoori Potato Masala	Creamy Sauce	Paratha/Rice		Oats Cake (or) Fruit
	19th June	Fri	Baked Fish with Herbs	Chips	Rice	Veg with Cream Sauce	Pan Fried Paneer	Sweet Corn Kebabs	Tomato Sauce	Paratha/Rice		Mix Fruits
Week 12	22nd June	Mon	Beef pan fried (or) Fish Stew	Mashed Potatoes	Peppercorn Sauce	Garlic Bread	Fenugreek Fritters		Sauce	Nachos/Rice	Salad Bar	Chocolate Brownies / Fruits
	23rd June	Tue	Beef (or) chicken Mince with Onion Gravy	Spaghetti		Mini Bread Rolls	Falafel	Mushroom with onion Sauce	Sauce	Paratha/Rice		Carrot Cake (or) Fruits cuts
	24th June	Wed	Veg. Cheese Cornish	Pulao	Veg. Korma	Chapatti		Paratha	Sauce	Plain Rice		Apple Cake & Custard (or) Fruit
	25th June	Thu	Baked Chicken	Penne Pasta	Red Sauce or White Sauce	Spicy Bread Rolls	Paneer Butter Masala	Tandoori Potato Masala	Sauce	Paratha/Rice		Banana or Fruit Cuts
	26th June	Fri	School Close at 12noon	NO LUNCH								